

## BSGE TRAVEL FELLOWSHIP



Name: Andrea Day

Position: Honorary placement (Gynaecology)

Name of the centre visited: Dexeus Mujer in Barcelona

Duration: 2 weeks (18-29<sup>th</sup> of March 2019)

### **OVERALL EVALUATION:**

It has been a most valuable and rewarding opportunity and I would highly recommend it to all doctors, especially towards the end of their training. DEXEUS Mujer in Barcelona is a centre of excellence with a brilliant team of doctors who enabled me to have an extraordinary experience, learning both clinical and non-clinical aspects of patient care. I am truly grateful to the BSGE for awarding me this travel fellowship.

### DETAILS OF PLACEMENT: DEXUS MUJER IN BARCELONA, SPAIN.

I undertook a 2 week clinical attachment in the Gynaecology division of DEXEUS Mujer in Barcelona under the guidance of Dr Pere Barri-Soldevila. Dexeus Mujer is a private stand-alone women's health centre attached to a hospital. It has a large volume of activity with 63000 annual gynaecological visits, 10800 operations and 3400 outpatient procedures annually. The unit is divided into different departments and focuses on prevention with attention to the care of the healthy woman. It is renowned for its expertise in the treatment of endometriosis and assisted conception, delivering high standard care to local and overseas patients.

On the clinical outlook, I was exposed to different management pathways and surgical techniques which have broadened my outlook and enhanced my skills. I attended clinics, local departmental meetings, the gynaecological ultrasound department, day surgery and main theatres. I observed a wide variety of procedures performed vaginally and through minimal access surgery. I also expanded my experience in hysteroscopy, observing septum division and operative outpatient procedures which was very helpful for my subspecialty training. Lastly but not least, I was able to spend some time in the gynaecology ultrasound department, an added bonus I managed to squeeze in, what a privilege this was!

Furthermore, the experience of working in a hospital within a different healthcare system and culture was truly valuable. Worth mentioning, is the incredible support structure within the consultant body, the mind-blowing homemade IT system, the efficiency factor in all aspects of care, the expertise and supervision system of the gynaecology ultrasound department, and most importantly, the fantastic colleagues I met who I am sure I will see soon again in the future.

Gaining an insight on diverse perspectives of patient care will be influential in my work as a future consultant in the UK. I thank Prof. Saridogan for suggesting such an incredible centre and Dr Barri-Soldevila for organising an amazing internship, it has been superb and will always be in my heart.